



Are you or your loved one  
**EXPERIENCING...**



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# Mental Health Access

for adults & children  
with **Medi-Cal**  
in Placer County

depression, anxiety, trouble with relationships, concentration/attention or employment/school, not enjoying things you did before

milder symptoms listed previously that aren't going away and/or are getting worse

major depression, paranoia, delusions, aggression or harming yourself, homelessness/incarceration/ER visits due to a mental health condition

**Services**  
Individual, family, group counseling  
social supports

**Services**  
psychiatry  
(medication support)

+ Individual, family, group counseling  
social supports

**Services**  
case management  
intensive support  
crisis services  
**community/home-based**  
+ Individual, family, group counseling  
social supports  
+ psychiatry (medication support)

**MILD**

**MODERATE**

**SEVERE**

In crisis?  
Call 911



## Managed Care Plans

\*or call your primary care provider



**1-800-407-4627**  
(or livehealthonline.com)



**1-877-658-0305**  
(Request Behavioral Health Services)



**1-800-464-4000**



**1-800-633-4227**

*Still not sure where  
you belong?  
Call!*



HEALTH & HUMAN SERVICES



**County**

**ADULTS: 1-888-886-5401 (24/7)**  
**MHServices@placer.ca.gov**

### walk-in clinic available:

Tuesday 1 - 2 p.m. at 101 Cirby Hills Dr., Roseville, CA  
Wednesday 9 - 10 a.m. at 11512 B Ave., Auburn, CA  
Thursday 9 - 10 a.m. at 101 Cirby Hills Dr., Roseville, CA

**CHILDREN: 1-866-293-1940\* (24/7)**

**urgent weekday appointments available**  
Call school (regardless of insurance status) if  
mental health interferes with education.

This chart does not include all symptoms or services available. Call for more information.

**\*Children in foster care needing any mental health services are eligible through the county. Call 1-866-293-1940.**

# Mental Health Access

## for people with *private insurance* in Placer County

Mental health coverage varies by insurance type. Pay out of pocket options are also available.



**Call your insurance**  
for available in-network providers and covered services



**Ask your employer**  
about potential coverage through an Employee Assistance Program (EAP)



**Sliding scale (income-based) organizations**

Options are available via a web search on sites like:

[placer.networkofcare.org](http://placer.networkofcare.org)

or any search engine.



**Private practices (individual therapists)/organizations**

Options are available via a web search on sites like:

[psychologytoday.com](http://psychologytoday.com)

[goodtherapy.org](http://goodtherapy.org)

[counselingcalifornia.com](http://counselingcalifornia.com)

or any search engine.



\*Some insurance plans include co-pays