

## A Dabble in the Data

Recently, we have been getting questions about website traffic on the Network of Care. This month, we wanted to dedicate a bit space to give a very broad overview on traffic to the site. In 2011, roughly 350 individuals were visiting the Network of Care to find ways to improve their wellness. You may have noticed, the Placer County Network of Care has been working hard to get the word out about this great resource. As of January 2012, approximately 800 people are utilizing the many tools offered by the Network of Care *per day*. In other words, site traffic as more than doubled in the first quarter of 2012. Importantly, utilization of the Service Directory and Community Calendar have increased by 25% and 20%, respectively, in the first quarter of 2012. What does this all mean? Almost 1,000 people come to the Network of Care every day looking to improve their wellness, and connect with the great service providers listed on the Network of Care!

## The Network of Care is Recruiting a New VISTA Volunteer

The Placer County Network of Care is recruiting another VISTA Volunteer to help integrate the resource into service provider networks, and spread word in the community. The ideal candidate would be bilingual (English/Spanish), and have a Bachelors degree. This is a paid position through the AmeriCorps VISTA program. A full job description, and instructions for applying can be found [here](#).

## Placer Community Leaders Share Resources to Improve Services and Quality of Life for County Residents

The Placer Collaborative Network (PCN) convened health and human service organizations at the 2<sup>nd</sup> Annual Resource Sharing Meeting Thursday, April 19 in Roseville. Over 100 attendees representing 50 organizations shared materials, updated each other on current projects and discovered partnership opportunities to improve coordination of services to Placer County residents. Attendees also learned how to create or modify their Placer County Network of Care directory listings and even were able to live-update them on site!

The meeting was moderated by PCN co-chairs Janice LeRoux, Executive Director, First Five Placer and Maureen Bauman, Director, Placer County HHS Adult System of Care. The agenda included a moving performance by Kyle Lutkemuller of the Auburn Hip Hop Congress, demonstrating the importance and value of connecting story to a cause. Kyle created the original composition for a senior project to raise funds to prevent child abuse. In addition to the performance, the Resource Sharing Meeting included a presentation on the Placer County Network of Care website, and the Give Local Now Street Team spread the word about how organizations can be involved in the movement to increase philanthropy in the region. Attendees then spent over an hour networking in the display area.

## Placer Community Leaders Share Resources to Improve Services and Quality of Life for County Residents ( continued )

Placer County First 5 Director Janice LeRoux had the following to say about the resource sharing meeting: “ The Placer Collaborative Network is dedicated to providing opportunities to connect and collaborate among and between area agencies in order to better serve the health and human service needs of our citizens. The Resource Sharing Meeting was a real time demonstration of the power of dialogue and information sharing between organizations. ”

The Placer Collaborative Network is a unique organization that facilitates communitywide collaboration to address health and human services. PCN helps local agencies gain a better understanding of the services available, discover funding and partnering opportunities for projects, increase funding opportunities through collaborative relationships, and approach community issues with collaborative partners. The Nonprofit Resource Center provides administrative support for PCN.



Over 100 attendees representing 50 organizations attended the PCN 2nd Annual Resource Sharing Meeting, on Thursday, April 19, 2012.

This month in “Get to Know an Agency” Sandy Robinson took some time to tell us about Lighthouse Counseling & Family Resource Center.



## **What is Lighthouse Counseling and Family Resource Center? What is the main focus of Lighthouse FRC?**

The Lighthouse Counseling and Family Resource Center is a free drop-in referral and information center for Placer County residents. We provide assistance to promote self reliance and self improvement. Lighthouse FRC services are provided in both English and Spanish.

## **Who does Lighthouse serve? What services do you provide?**

Lighthouse serves Placer County residents. Available resources and referrals include: current job listings, career assessments, interview preparation, resume assistance, budgeting help, counseling, parenting information and resources, childcare services referrals, recreational opportunities, community activities, housing information and assistance with emergency basic needs (food, shelter, and utilities). The FRC also works with community and county partners to locate and provide one-time assistance with emergency vouchers for food, gas, lodging, and other needs (as funding allows).

## **Are there any upcoming events, projects, or initiatives you would like to promote?**

Lighthouse would like to showcase the “Community Wellness Faire & Nature Walk.” The Faire will take place at McBean Park in Lincoln, CA on Thursday May 31st, from 9:30am to 1pm. This is a First 5 partner fair aimed at building community, and maximizing resources.

## **How can people get in contact with Lighthouse Counseling?**

Lighthouse Counseling and Family Resource Center office hours are Monday—Friday, 8:00 am to 4:30 pm. We are located at 427 A Street, Lincoln, CA 95648. For more information, to schedule an appointment, or register in any of the classes offered, you may call (916) 645-3300. You may also learn more about Lighthouse by visiting <http://www.lighthousefrc.com>

## Community Events for May

There are a lot of exciting events happening in Placer County this May! We had a lot of great events to choose from, and encourage everyone to view the full listing of community events on the Placer County Network of Care's [community calendar](#).

### **Campaign for Community Wellness Community Roundtable for Mental Health Awareness Month**

**Date:** Tuesday, May 8th

**Time:** 4:30 pm — 6:30 pm

**Location:** Rocklin Community Center, 5480 Fifth Street, Rocklin, CA

**Info:** The Campaign for Community Wellness, a county wide steering and advocacy group, is pleased to invite you to this semi annual opportunity to join with others in celebrating the great work done in Placer County to advance the voices of those affected by mental health, and to discuss opportunities to enrich the service network. If your agency or organization has resources to share, please feel free to bring information or resources. Contact Cindy Cassidy ([ccassidy@placer.ca.gov](mailto:ccassidy@placer.ca.gov)) (530) 886-1812 for additional information.

### **Sierra Native Alliance: “Caring for Our Children: Increasing Support for Native Foster Youth”**

**Date:** Thursday, May 10th

**Time:** 9 am — 1 pm

**Location:** Sierra College (5000 Rocklin Road, Rocklin, CA), Learning Resource Center, 1st Floor Board Room

**Info:** This half-day mini-conference is designed to bring together Foster Families, Foster Family Agencies, and Service Providers who work with Native American families to develop strategies for recruiting Native Foster Families and increasing the ability of existing homes to support the cultural needs of Native youth. Contact Loren Nakai ([tachininez@gmail.com](mailto:tachininez@gmail.com)) (530) 363-8526 for additional information.

### **Warmline Family Resource Center Presents: “Healthy Relationships” with Helen Worster, MFT**

**Date:** Thursday, May 17th

**Time:** 6:30 pm — 8:30 pm

**Location:** 6960 Destiny Drive, Rocklin, CA 95677

**Info:** Having a child with special needs creates challenges for parents, including how to maintain healthy relationships with spouses and or significant others. As the parent of an adult with special needs, plus being a Marriage, Family Therapist, Helen brings unique perspective on how to approach those challenges. Couples are encouraged to attend. Contact Deanna Coker ([Deanna@warmlinefrc.org](mailto:Deanna@warmlinefrc.org)) (916) 932-2100 to register, or for additional information.

### **Lilliput Children’s Services: Art Show & Open House**

**Date:** Thursday, May 31st

**Time:** 4:00 pm—6:30 pm

**Location:** 4080 Cavitt Stallman Road, Suite 200, Granite Bay, CA 95746. (916) 789-9700

**Info:** This art show features works created by adoptive families in the Creative Expressions Groups at Lilliput. Contact Shelley Balla-Hawkins ([sballahawkins@lilliput.org](mailto:sballahawkins@lilliput.org)) for more information.



One of our goals with the Network of Care is to make as many connections for service providers as possible. Below, please find a sampling of great organizations found on the Network of Care. We truly hope these resources are helpful!

### Placer Dispute Resolution Service End Conflict Constructively

Work out your problem and arrive at a mutually agreeable resolution with the help of impartial mediators who won't impose a solution.

Solve It With Mediation  
[www.pdrs.org](http://www.pdrs.org) (916) 645-9260



**FIRST 5**  
**PLACER**  
Children & Families Commission  
[www.First5Placer.org](http://www.First5Placer.org)



*WarmLine  
Family Resource Center*

Providing Resources and Support to Families of Children with Special Needs Since 1993 in Placer, Sacramento, Yolo, Nevada, and El Dorado

Check our website at [www.warmlinefrc.org](http://www.warmlinefrc.org) for resources including trainings, playgroups, and family social opportunities sponsored by WarmLine and our community partners. Like us Facebook.

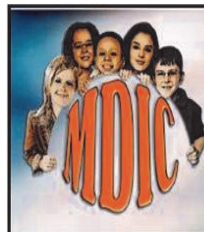
6960 Destiny Drive, Rocklin, CA 95677 Phone: 916-632-2100 Español 916-922-1490 Fax: 916-759-2103  
E-mail: [warmline@warmlinefrc.org](mailto:warmline@warmlinefrc.org)

### Sierra Native Alliance *Hedem kawina'n ka'nte'm tawaltoto*



Promoting the wellness of Native families through education, cultural resources, and environmental activities

Phone: (530) 888 - 8767 Fax: (530) 888 - 8757  
[www.sierranativealliance.org](http://www.sierranativealliance.org)



### PLACER COUNTY MULTI-DISCIPLINARY INTERVIEW CENTER

10810 Justice Center Drive, Suite 230  
Roseville, CA 95678 • (916) 543-2530  
FIONA TUTTLE, COORDINATOR

A place where child victims of abuse are interviewed by trained specialists in a child-friendly setting. Children's trauma is reduced, the truth-finding process enhanced, and successful prosecution increased to remove abusers from our streets.

*Mom, You're Not Alone,  
I am Listening*

Any woman can suffer from pregnancy or postpartum mood or anxiety disorders. The Warm Line and email below will provide community resources so mom can get the help and resources she deserves.

Perinatal Depression, Awareness, and  
Support Warm Line  
(888) 977-6955  
Email us at:  
[communityppdresources@yahoo.com](mailto:communityppdresources@yahoo.com)